# Inchmarlo, Brathens and Glassel Resilience Plan

# (Emergency Contingency Arrangements)

In the event of an emergency, the relevant emergency services should be immediately notified by calling

999

AMENDMENT RECORD		
revision and date	prepared by	amendment / description
Rev 0 14 Jun 24	Régis Lechâtellier / Sylvia Stephen	New document developed by an initial small Community Resilience team and in-line with other community plans and support from Aberdeenshire Resilience Team.
28 Aug 2024 28 Oct 2024	Sylvia Stephen Sylvia Stephen	Amendments to document Amendments to document

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DISTRIBUTION OF PLAN	number of copies
Inchmarlo Hall	1
Aberdeenshire Council Emergency Response Coordinator (ERC)	1
Police Scotland	1
Scottish Fire & Rescue Service	1
IBG Community Council (IBGCC) website (ibgcc.org)	1

# INTRODUCTION

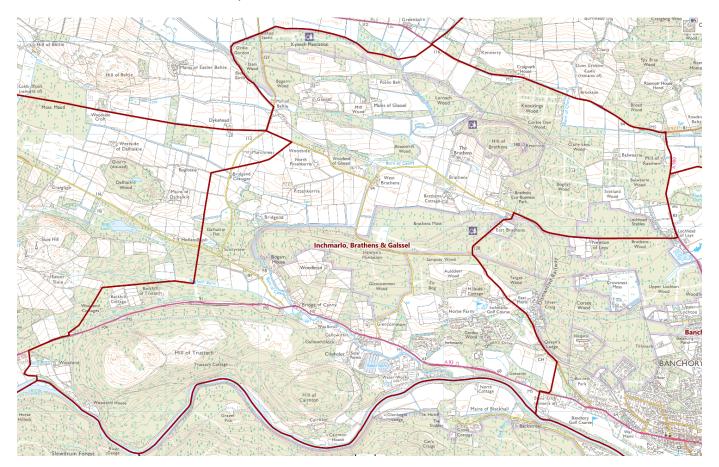
#### 1.1 Purpose

Community Resilience is an initiative supported by local, Scottish, and the UK governments originating from the Civil Contingencies Act 2004. The principle is that communities develop a local plan so that they can help themselves during an emergency in a way that complements, but in no way replaces, the response of the emergency services and other responders. The purpose of the local plan is to:

- raise awareness and understanding of the local risks and emergency response capability in order to motivate and support self-help
- increase individual, family and community resilience against emergencies
- provide a framework for the delivery of a resilient community plan
- commence self-help arrangements until support from the emergency services or other agencies is in place.

#### 1.2 Scope

This community resilience plan assesses risks, identifies local resources and actions, voluntary support and key locations within the community of Inchmarlo, Brathens and Glassel and the surrounding area within the Community Council boundaries being the area shown on the map below



In the event of an emergency or any situation which threatens the safety of residents within the above area, the actions taken by the community may include some of the following:

- providing shelter, hot food and drinks, and assistance in the village halls during an emergency
- checking on neighbours and residents who may benefit most from additional assistance to ensure their safety and well-being during severe weather or utility failure
- assisting with the delivery of essential supplies during severe weather or utility failure e.g. hot water and meals.

#### 1.3 References

As this Plan is in the public domain, all references to people's names and telephone numbers have been omitted, but are documented in the Emergency Contacts List, the distribution of which is limited and controlled.

## 2. Inchmarlo, Brathens and Glassel Community

#### 2.1 Description

The Inchmarlo, Brathens and Glassel area is located around 20 miles West of Aberdeen with isolated pockets of remote farming and residential properties.

Within the community boundaries there is the Inchmarlo Retirement Village and the Brathens Eco-Business Park. There is also the Inchmarlo Hall and Community Workshop and the Glassel Hall.

The A93, the main road from Aberdeen to Braemar and beyond, passes through the area. This road is subject to heavy traffic as it forms part of a route used by heavy goods vehicles, coaches, tourist and local traffic including farm and logging vehicles. Approximately 600 people live in the area, of which an estimated 30% are over 60 years of age and 7% over 80 years of age.

#### 2.2 Key Locations

The primary Evacuation Reception Centre in the area is based in the **Inchmarlo Hall**, The hall, comprising a large hall and a smaller room, one kitchen, two toilets, has the capacity to accommodate over 50 people. Standby lighting and heating equipment can be quickly installed in the main room in the event of the failure of mains electricity. In the event of a major evacuation, the hall will be used for registration and general use for evacuees and pets.

There is always a stock of tea, coffee, etc, and disposable cups available, along with portable gas heaters and lighting.

In the unlikely event that the Inchmarlo Hall is not useable, **Glassel Hall** is designated as the back-up evacuation reception centre. However, while these premises could provide immediate shelter, the facilities and resources are less suitable.

# 3. RISKS AND RESPONSES

# 3.1 Risk Assessment

The following tables identify the main realistic risks, impact to the communities, likely actions by emergency responders and possible actions to be taken by the community.

<b>Risk:</b> Flooding (e.g. rivers over-topping, banks bursting, water in village)		
impact on community	possible actions to be taken	actions by community to assist emergency responders
Damage to	Monitor warnings	Based on information given by
homes and	received from SEPA	SEPA and supported by
businesses	and Met Office so that	observations from estates
	potential problems	upstream, attempt to give early
Flooding in	identified as early as	warning of flooding to residents
local streets	possible and deploy	Buddy with a member of the
	available flood	Emergency Services to wake-up
Disruption of	prevention equipment.	householders
transport		
links	Assist Emergency	Work with local emergency
Diamuntian of	Services with rescue	responders to assist, as required,
Disruption of	activities, as	with evacuation
delivery of food and	requested	Mabilian Reportion Contro
supplies to	Identify need for	Mobilise Reception Centre
eateries and	shelter and	Identify and care for people who
shops	accommodation	may benefit most from additional
shops	accommodation	assistance and live in areas likely
Lack of	Make arrangements	to be affected
access	with voluntary	
to/from	organisations for a	
homes	range of support	
	(water rescue, 4x4	
	vehicles, first aid, etc.)	

Risk: Prolonged Loss of Utilities (e.g. no electricity for several days)		
impact on community	possible actions to be taken	what can community do to prepare and assist?
Prolonged loss of electricity, water or telecoms	Arrangements in place to open Rest or other support Centres	Provide support for people in their own homes who may benefit most from additional assistance in liaison with statutory responders and voluntary agencies
Loss of utilities to homes, schools, public	Work closely with Aberdeenshire Council and utilities to prioritise additional assistance for	Assist with the delivery of hot drinks and food. Mobilise to Inchmarlo Hall and assist with providing hot food- and drinks from

-		
buildings	people who may	8am to 8pm after the first 12 hours of
	benefit most from	power outage.
	it	
		Manage Inchmarlo Hall until
	Initiate	Aberdeenshire Council make other
	arrangements in	arrangements and organise-temporary
	place with	accommodation or Coordinators deem
	voluntary	it no longer necessary
	organisations to	
	provide support.	

Risk: Severe Weather (e.g. excessive snowfall and drifting)		
impact on community	possible actions to be taken	what can community do to prepare and assist?
Disruption of delivery of food and supplies to eateries and shops	Monitor warnings received from SEPA and Met Office so that potential problems identified as early	Support statutory responders and voluntary sector agencies in identifying and caring for people who may benefit most from additional assistance and live in affected areas
Disruption to transport links Lack of access	as possible and deploy available flood prevention equipment if	Clear snow from access routes to community buildings
to/from homes	deemed necessary. Request support from estates and voluntary organisations to provide equipment (e.g. ploughs, 4x4 vehicles, etc.)	Assist with delivery of supplies and hot food to the community

<b>Risk:</b> Major Incident (e.g. aircraft crash, hotel fire, forest fire, terrorism)		
impact on community	possible actions to be taken	what can community do to prepare and assist?
Major evacuation	Initiate arrangements in	Assist with alerting residents
Lack of access	place with voluntary organisations to	Assist with the evacuation of residents to a safe place
to houses and	provide support	
businesses		Assist Emergency Services by initial provision and staffing at
Damage to property and land		Reception Centre
Road closures		

# People who may benefit most from additional assistance

In all the above scenarios, there are a number of groups of people who, in a crisis, may welcome extra assistance, if it were available, including:

- people with mobility limitations, both young and old
- disabled people (including those with physical disability and learning difficulties)
- blind or partially sighted people
- people with severely impaired hearing
- single parents with more than one child under 12 years of age
- anyone in charge of a group of children (e.g. playgroups, summer camps).

Members of the IBG Resilience Group should prioritise contact with all the above, plus residents in sheltered housing, retirement and nursing homes within the community, as listed in the Emergency Contacts List.

#### 3.2 Response to Flooding

#### Precautions

As there is no statutory duty for any local authority to prevent property from flooding, property owners are to be encouraged to make prior preparations for protecting their property, for example, installing flood gates.

IBG Community Council encourages homeowners to install their own flood defences to protect their property, develop their own evacuation plan, have emergency equipment available and keep a small "grab bag" handy for evacuation. More details of an evacuation plan and the suggested contents of the "grab bag" are provided in Appendix A along with advice for Advance Planning for Adverse Weather Events.

Aberdeenshire Council will make sandbags available for collection at depots in the event of potential serious flooding and no charge will be made for a reasonable number of bags, usually 10 per household. The Council is under no obligation to deliver sandbags, but they will endeavour to deliver for residents who are disabled or elderly and unable to lift heavy items and for others if sufficient personnel are available. The council provide sandbags at Banchory Roads Depot, North Deeside Road, AB31 5YR.

#### Actions

Ideally, early warning of the potential for flooding will be received from SEPA, Aberdeenshire Council ERC, Police Scotland and/or Met. Office and initial preventative actions can be taken. As the coordinating emergency service, Police Scotland will take 'primacy' during a major incident for the emergency response, coordinating the other emergency services (e.g. Fire and Rescue, Ambulance, Coastguard) and support organisations (e.g. Mountain Rescue Team), including the IBG Resilience Group. The latter may be asked to perform the following tasks, depending on the severity of the flooding:

- along with a member of the emergency services, if possible, assist to waken residents, in order to give clear and accurate information on what is happening, what to do and where to go
- open-up the Inchmarlo Hall to provide immediate shelter to evacuated personnel, ensuring sufficient warmth and light, and to provide food and refreshments; ensure a register is maintained of all evacuated personnel including residents, visitors, people in transit through Inchmarlo, Brathens and Glassel(see Appendix B)
- liaise with the Aberdeenshire Council ERC and/or Police Incident Officer to contact voluntary organisations and/or neighbouring estates for a range of support and resources e.g. boats, 4x4 vehicles, tractors, first aid, etc.
- identify and contact people who may benefit most from additional assistance\_who live in areas likely to be affected and liaise with the emergency services regarding their evacuation and transportation
- attend regular multi-agency meetings as requested by the Police Incident Officer/local emergency services responder.

#### 3.3 **Response to Severe Weather**

Severe weather, such as an excessive amount of snowfall and drifting, may not be classified as an emergency. However, it may cause considerable difficulty to the community, especially the elderly and disabled. It is reasonable to expect that roads may be blocked, resulting in residents, shops and eateries running out of food and supplies. It may, therefore, be necessary for the IBG Resilience Group to mobilise to provide support with the help of the emergency services and may have to organise some/all of the following tasks, depending on the severity of the situation:

- contact people who may benefit most from additional assistance to identify their current welfare, any immediate needs and assess their medium-term requirements; document each call and actions
- contact Aberdeenshire Council to discuss and agree what resources they can provide/are needed
- liaise with the Council ERC and/or emergency services to contact voluntary organisations and/or neighbouring estates for a range of support and resources e.g. snowploughs, 4x4 vehicles, tractors, first aid, etc.
- consider the need to deploy volunteers to clear snow from access routes to community/public buildings
- assist as required, and where possible, with the delivery of supplies and hot food and drink.

#### 3.4 Response to a Major Incident

As the coordinating emergency service, Police Scotland will take 'primacy' during a major incident for the emergency response, coordinating the other emergency services (e.g. Fire and Rescue, Ambulance, Coastguard, Mountain Rescue Team) and support organisations.

Depending on the nature, severity, security and public safety associated with the incident, the IBG Resilience Group may be asked to provide support to the community, including some/all of the following tasks:

- open-up the Inchmarlo Hall to provide immediate shelter to evacuated personnel, ensuring sufficient warmth and light, and to provide food and refreshments; ensure a register is maintained of all evacuated personnel including residents, visitors, people in transit through Inchmarlo (see Appendix B)
- identify and contact people who may benefit most from additional assistance\_and who live in areas likely to be/affected and liaise with the emergency services regarding their evacuation and transportation.
- attend regular multi-agency meetings as requested by the Police Incident Officer/local emergency services responder.

#### 3.5 Response to Prolonged Loss of Utilities

The prolonged (several days) loss of the electricity supply in summer would undoubtedly be inconvenient. However, in winter, such a situation could quickly develop into an emergency situation, especially for the very young, disabled and older members of the community. From experience, eateries, the supermarket and shops may have to close and food in the frozen and chilled cabinets may have to be destroyed. The loss of power may also lead to the loss of digital telephone networks (landlines and mobiles), although analogue telephone lines may continue to work.

The IBG Resilience Group may have to organise some/all of the following tasks, depending on the duration of the outage:

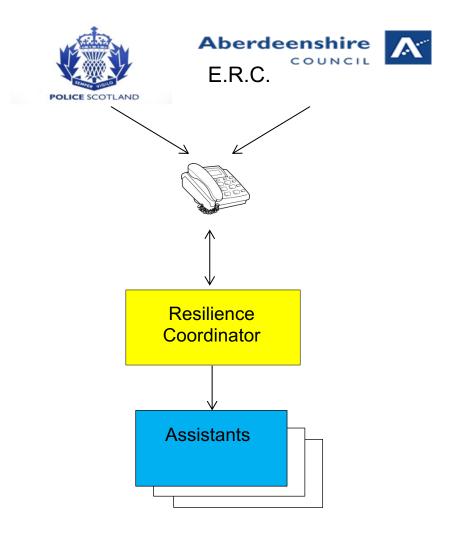
- liaise closely with Aberdeenshire Council to assess the need to open the Inchmarlo Hall.
- if not already liaising with Aberdeenshire Council, contact Scottish and Southern Electricity Networks (SSEN) to establish the problem, likely reconnection time/date and communicate this throughout the community (post a notice on the Inchmarlo hall noticeboards) and in subsequent telephone calls
- contact any people who may benefit most from additional assistance, if possible, by telephone initially, to identify their current welfare, any immediate needs and assess their medium-term requirements; document each call, actions required and follow-up call; if the telephone network is down, organise domicile visits
- assess the knock-on effect of electricity outage, for example, on water treatment/pump facilities, availability of petrol/diesel at the filling station
- maintain contact with the management of the supermarket, shops and eateries with regard to stocks of food and availability of meals
- consider informing residents of any nearby communities unaffected by the loss of the utility and the advantages of relocating in the short-term.

## 4 **RESILIENCE TEAM**

#### 4.1 Mobilisation

The initial alert in the event of an emergency in the area should\_come from Aberdeenshire Council ERC or Police Scotland to one of the IBG Resilience Group to discuss the need to mobilise resources to support to the community. If the decision is made to open the Inchmarlo Hall, a coordinator will mobilise a further assistance. If all telephone networks have failed, coordinators and assistants have been trained to report to the Inchmarlo Hall where the necessary resources will be assessed and duties assigned.

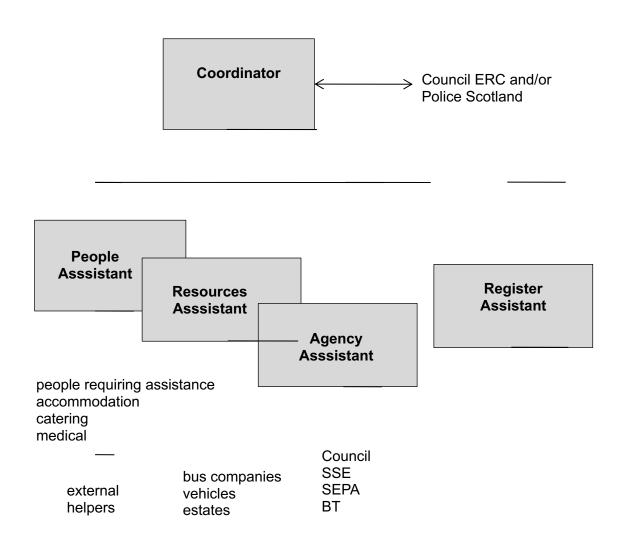
A laminated credit-card-size reference card is provided to the coordinators containing their telephone numbers and those of the key external agencies.



There may be incidents when the Emergency Services have not yet activated in the village (e.g. roads blocked due to flooding/excessive snow). In which case, the Resilience Team Coordinator (or any member of the Resilience Team) should take the initiative to mobilise a small team to go to the Inchmarlo Hall and advise the Aberdeenshire Council ERC or Police Scotland of their readiness to assist anyone in the community who requests assistance.

# 4.2 Team Structure for Major Emergencies

In the event of a major evacuation to the Inchmarlo Hall, on arrival at the Hall, the Resilience Coordinator will agree the roles of the assistants. The assistants will report directly to the Inchmarlo Hall who will brief them and allocate their roles and location within the Hall.



#### 4.3 Checklists

The following checklists, one for each of the above main roles in boxes, are provided as an 'aide memoire' and are not a finite list of the tasks to be undertaken. Most of the tasks required of the Resilience Team will be dictated by Aberdeenshire Council ERC and Police Scotland dependent on the nature and severity of the incident and prevailing circumstances. Not all incidents will require a full Resilience Team, as shown above; in some situations, 1-2 people may be sufficient to respond to the situation, but the checklists may be a useful prompt.

# 4.3.1 Resilience Team Leader

In a major emergency, the Resilience Team Leader shall be located in the Inchmarlo Hall and is responsible for the overall management of the community's response to the situation. He/she shall liaise closely with the Police Incident Officer or Aberdeenshire Council ERC to provide local support to the community.

#### Checklist

- Given sufficient prior warning, consider putting people on standby.
- In a minor emergency and perhaps with guidance from the Aberdeenshire Council ERC or Police Scotland, deal with the incident from your current location or contact 1-2 other Coordinators to assist you and consider using the facilities in the Community Coordination Room.
- When contacted by the Aberdeenshire Council ERC or Police Scotland regarding a major emergency, mobilise further Coordinators and Helpers to undertake registration, catering and organising tasks, turn-on heating and lighting, fill and switch-on urns/kettles for teas/coffees, set-up chairs, tables and screens
- When in the Inchmarlo Hall, re-establish contact with the Police Incident Officer and/or Council ERC to confirm the Resilience Team and Reception Centre are now mobilised, obtain a status report and receive instructions on how best to assist the primary responders; on an on-going basis, attend the regular multi-agency operational meetings, as required by the Police Incident Officer (consider delegating this role to another Coordinator).
- Maintain an Event Log noting every instruction received, decision made and key activities (consider delegating this task to another Coordinator).
- Liaise regularly with the Inchmarlo Hall Resilience Group and assess the need for catering, emergency clothing, temporary accommodation, transport, etc.
- Provide direction to the other Coordinators in terms of providing catering, temporary accommodation and liaison with local suppliers/external organisations.
- Liaise regularly with the Resilience Team Members for updates on progress/problems with outside volunteers.
- Constantly re-assess the need for additional support including more Resilience Team Coordinators and/or Helpers (internal and/or external).
- In a protracted response, e.g. expected to continue for several days, ensure replacement personnel are available to avoid working excessive hours in a stressful environment; consider introducing a 12 on/12 off rota for internal volunteers but probably shorter shifts for external personnel.
- As the incident winds-down, stand-down personnel as appropriate and organise a post-incident debrief to identify any areas of concern and possible improvements to the Resilience Plan, arrangements and facilities.

# 4.3.2 Resilience Team

In a major emergency, the Resilience Team shall be located in the Community Coordination Room and is responsible for the provision of support to people in the community who may be affected by the incident, potentially or actually, especially the disabled and elderly. This role may include arranging temporary accommodation and medical support.

# Checklist

- Seek direction from the Resilience Team Leader in terms of priorities, support required/requested by Police Scotland and/or the Aberdeenshire Council ERC.
- If appropriate, start calling people who may benefit most from additional assistance, including those in sheltered housing and care homes, to warn them about the incident/situation, establish their present condition and needs and organise the appropriate support.
- Liaise with the Agency Coordinator with regard to the need for short-term accommodation (who may liaise with Aberdeenshire Council Housing Department) and the Resilience Team Leader regarding the availability of the Glassel Hall (NB: use of the Glassel Hall is only requested via Aberdeenshire Council ERC).
- If required, contact the Banchory Group Practice to ask them to provide medical support (e.g. doctor, nurse) in the Reception Centre.
- If you are not coping with the workload, ask the Resilience Team leader to re-allocate some of your tasks to other Coordinators or mobilise additional resources.
- If/when External Helpers are deployed outside (e.g. to help with an evacuation; deliver hot water or food), record their full names and contact details. Ensure they work in pairs, are suitably dressed for the weather conditions, are wearing a 'hi-vis' waistcoat, lanyard and ID badge, and are fully briefed as in Appendix C, and have a fully-charged mobile telephone or radio. Request they maintain regular contact with the People Coordinator to provide updates on progress/problems. Ensure this regular contact is maintained.
- If volunteers arrive at the Inchmarlo Hall having been redirected ascertain their skills/capabilities and either deploy them as required/appropriate, or record their contact details and send them away explaining that their help may be required later.

# 4.3.3 Resilience Team

In a major emergency, the Resources Coordinator shall be located in Inchmarlo Hall and is responsible for the provision of resources, human and/or equipment. This role may include the provision of food and clothing, the mobilisation of local equipment, materials, transport and additional accommodation.

#### Checklist

- Seek direction from the Resilience Team Leader in terms of priorities, support required/requested by Police Scotland and/or the Aberdeenshire Council ERC.
- If requested/directed by the Resilience Team Leader, establish contact with any of the following:
  - Aberdeenshire Council ERC
  - local clergy (counselling, support for people who may benefit most from additional assistance)
  - estates (light and heavy equipment, people capable of heavy work and operating the equipment
  - mini-bus owners and/or coach companies (transport to other locations).
- Be prepared to be asked to source various other items e.g. dry clothes (especially socks), towels (hotels may provide more of these), etc.

#### 4.3.4 Resilience Team

In a major emergency, the Resilience Team shall be located in Inchmarlo Hall and is responsible for contact with external agencies, companies and organisations (some of which may already have been mobilised).

#### Checklist

- Seek direction from the Resilience Team Leader in terms of priorities, support required/requested by the Aberdeenshire Council ERC and/or Emergency Services.
- If requested/directed by the Resilience Team Leader, establish contact with any of the following:
  - Aberdeenshire Council (e.g. Roads, Housing)
  - Scottish and Southern Energy (e.g. restoration of the electricity supply)
  - Scottish Environmental Protection Agency (e.g. Flooding Helpline)
  - British Telecom (e.g. restoration of the mobile network)

NB: some/all of the above organisations may already be present in the vicinity and working closely with Aberdeenshire Council or Emergency Services.

# 4.3.5 Resilience Team

In a major emergency, the Reception Centre Coordinator shall be located in the Inchmarlo Hall and is responsible for the provision of temporary shelter and general care and welfare of people in the community who may be affected by the incident, potentially or actually, especially the very young, disabled and elderly people.

In lesser situations, the Coordinator will provide situation reports to people coming into the Hall and gather information of any welfare issues in the community.

#### Checklist

- When Helpers arrive, brief them on the situation and allocate them roles and locations within the Centre, ensuring a table and a Registration Helper is positioned just inside the Inchmarlo Hall to record all personnel making use of the facility by registering them on one of the following two forms:
  - pre-printed list of houses and residents in Inchmarlo, Brathens and Glassel area.
  - Reception Centre Registration forms for visitors/non-residents (Appendix B).
- Liaise regularly with the Resilience Team Leader in terms of the numbers of evacuees expected, adequacy of resources in the Centre and the need for additional Helpers.
- Liaise regularly with the Resilience Team Leader to request catering, emergency clothing and temporary accommodation for evacuees who cannot make their own arrangements with family/friends in unaffected areas or further afield.
- Constantly move around the hall to liaise with Helpers, identify any issues, provide solutions to problems, etc.
- Be prepared to provide welfare for the emergency services and other external/field workers involved in the emergency response.
- If/when media representatives arrive at the Reception Centre, redirect them to the designated Media Centre (this will be identified in conjunction with Police Scotland depending on the nature and location of the incident)

# 4.4 Facilities

IBG Resilience Group Coordinators will mobilise to the Community Coordination Room in the Inchmarlo Hall.

- In the back room of Inchmarlo Hall (locked)
- 2 portable fan heaters
- 1x flood barrier
- 1x water pump
- 1x portable power station
- 2 x portable lights
- 1 x dual fuel stove
- Tea/coffee/sugar/cups
- 1x tea urn

# APPENDICES

- A Household Emergency Plan
- B Reception Centre Registration Form
- C Information for Volunteers

# **APPENDIX A**

# Prepare

If a major emergency happens it may be some time before help arrives. It's very important that you and your family get together to prepare.

- Agree a plan in advance with those in your home.
- Complete this template together and keep it safe in case you need to use it.

#### What to Do

If the emergency means it is not safe to go out, the advice is usually to:

GO IN	(go indoors and close all windows and doors),
STAY IN	(stay indoors),
TUNE IN	(to local radio, TV or the internet, where public information and advice from the emergency responders will be broadcast.)

My local radio station: ..... is on frequency: .....

#### Where to Go

**If you have to leave your home, get out**, **stay out**, and **take others with you**. Think of two meeting places: one near home and one further away, in case you can't get home.

- Meeting place 1: Inchmarlo Hall
- Meeting place 2 (further away):

#### Phone a Friend or Family

Choose a friend or relative who lives out of the area, who you will agree to call to say you're OK, should you need to leave home. Make sure this person knows.

• Friend or relative to call to let people know that you're OK:

If it is safe to do so you should check on your neighbours and any vulnerable people living close by. Think about who they are in advance:

	Name:	
Address:	Address:	Address:
	Tel No:	

#### **Important Telephone Numbers**

all emergency services	999
Police non-emergency	101
Aberdeenshire Council	0345 608 1208
NHS 24	<u>111</u>
SEPA Floodline	0845 988 1188
Scottish Water Customer Helpline	<u>08000 778 778</u>

You should record other important numbers:

Schools/colleges:	Carers/childminder:
Work Contact:	Plumber:
Doctor:	Vet:
Insurance:	Local authority:
Gas supplier:	Electricity supplier:
Other:	

# Pack an Emergency Kit

You should keep enough food and water and other essentials at home for at least three days.

Whether you have to stay in or get out, packing a small emergency kit will help you get through. Keep it in a safe place at home where you can reach it easily. Your kit should be kept in a waterproof bag and the **top ten things to include** are:

- battery radio with spare batteries, or a wind up radio
- battery torch with spare batteries, or a wind-up torch
- first aid kit
- important documents like birth certificates and insurance policies
- bottled water and ready-to-eat food that won't go off (and a can opener?)
- spare keys to your home and car
- spare glasses/contact lenses, hearing aid batteries
- toiletries and details of important medicines
- pen and paper, penknife, whistle
- pet supplies

If you have to leave your home, and there's time to gather them safely, you should also think about taking:

- essential medicines
- mobile phone and charger
- cash and credit cards
- spare clothes
- sleeping bags or blankets
- games, books, a child's special toy
- pets

#### Advance Planning for Adverse Weather Events

#### **Keeping Warm**

- 1 Do you have enough fuel for any heating that you may have, recognising that your central heating may not work without electricity?
- 2 You may need to consider minimising the rooms that you use to conserve heat during the adverse weather.
- 3 Remember that multiple layers of clothing conserve heat better than a single thick layer.
- 4 You may also want to consider temporary sleeping arrangements in your warmest room.
- 5 Locate any additional blankets, sleeping bags, hot water bottles or other items you have and think you may need. In the event you lose power it will be easier and safer to retrieve them with the lights on.

#### Food and Drink

- 1 Consider whether you will be able to prepare hot food and drinks? You may want to have some tinned or dried foods that can be easily prepared, for example instant noodles, packet soups or tinned foods.
- 2 Do you have adequate supplies of infant formula/food or other specialist foods for all members of the household?
- 3 If you are on a private water supply consider filling containers, which could include the bath, to give you a buffer in the event your supply is interrupted by loss of power or other events. This could also include in case the supply is contaminated.
- 4 Remember that if you lose your water filtration and or sterilisation equipment then you will have to boil this supply or use bottled water for drinking and brushing teeth.
- 5 Look out any vacuum flasks you have and if time allows fill them with hot water in advance of any potential electricity outage.

#### **Other Considerations**

- 1 Look out and have handy torches, batteries and battery-operated radios
- 2 Think of the things that are important for your health and well-being, for example prescribed and over the counter medications, contact lenses or other items.
- 3 Recognising how important our pets are to us ensure you have enough pet supplies and medications to last for at least a week, but this period could be extended depending on the advance warnings.
- 4 Do you have enough fuel in your vehicle(s) in the event you may want or need to relocate to live with friends or relatives outside Inchmarlo, Brathens and Glassel. You may also want to relocate your vehicles to higher ground in the event flooding is expected.
- 5 Secure all items in gardens that may be blown around and have the potential to cause injury or damage to property.
- 6 Where you have vulnerable people in your household ensure you are registered in advance with your utility suppliers as a priority service user.
- 7 You may want to look around the house for items that could become tripping or bump hazards in the event you lose main power later and relocate them to a safer location.
- 7 In the event you have elderly neighbours or relatives check with them to see if they need help in preparing for or during any adverse weather event.
- 8 In the event the adverse weather includes the potential for flooding you may wish to erect any flood prevention devices you own and compile your emergency bag and check contents against the list issued in the previous handout.
- 9 You may wish to notify relatives or friends in advance of plans in case the telephone (mobile/landline) service is lost later.

#### Safety

- 1 Portable cookers that are designed for camping and garden use (including those using gas, liquid and solid fuels, including charcoal) are not safe to use indoors unless specifically designed for that location. If used incorrectly there is an increased risk of fire and explosion. Operation of it indoors may also lead to a build-up of Carbon Monoxide (CO) in the house which can be lethal to both humans and animals.
- 2 The golden rule with all appliances you may want to use is to read, understand and follow the manufacturer's instructions. If you no longer have the instructions, then many manufacturers now routinely make them available online for download. Where a gas appliance is designed for indoor use it is also good practice to shut off the gas at the bottle when the appliance is not in use.
- 3 Think of the safety of everyone in the household, particularly young children, the infirm and pets. Alternative heating and cooking facilities may give rise to new hazards including naked flames, hot water and trip hazards, any of which could lead to serious injury.
- 4 In the event of high winds minimise trips outside to avoid injury from flying debris.

# **APPENDIX B**

# **RECEPTION CENTRE REGISTRATION**

Time Arrived	Address (evacuated from)	Names of Residents + Number of Children	Special requirements/Additional Information e.g. Neighbours away (H/A against Address)	Leaving Reception Centre	
				Date & Time	Destination & Contact Number

NB: Please ensure that any children arriving at the Evacuation Reception Centre have been registered and depart with a parent/guardian

#### **APPENDIX C**

#### **Data Protection**

As part of the Community Resilience Plan, some information about volunteers who sign up to help will be recorded. The information held is the volunteer's name, skills and contact details, and as such is Personal Information. The Data Protection laws will be adhered to and guidance from the Information Commissioner's Office will be followed. Personal Information will be updated on an annual basis. This information, both hard copy and electronically, will be held securely by the Ballater Community Resilience Team. Once information is no longer needed, or if requested by the volunteer, details will be securely deleted and destroyed.

The Community Resilience Plan does not contain information about people in the community who may require additional assistance due to vulnerability, medical conditions, etc. However, it is recognised that another agency might share such information with a volunteer, to enable the volunteer to assist that member of the community. If information of this nature is shared, then it will be treated as confidential.

#### Insurance

The insurance cover currently in place for Inchmarlo Hall is provided by Zurich for social organisations

#### **Risk Assessment for volunteers**

A risk assessment will be carried out and briefing given prior to the deployment of volunteers who will be matched to tasks that are appropriate to their skills, competencies, fitness levels and their clothing and equipment.

#### Areas to be covered in briefing are:

- what the situation is
- what needs to be done
- how it will be done
- safety measures in place:
  - buddy system (i.e. no one carrying out an activity by themselves)
  - equipment check to ensure\_volunteers have the correct equipment (i.e. dressed appropriately, have a hi-vis jacket, charged mobile phone, torch, etc.)
  - reporting structure: volunteers told to whom they are to report once they have completed the task/or if they get into difficulties
  - information kept on where volunteers have been deployed and how to contact them.

#### Legal disclaimer regarding community responsibilities

Aberdeenshire Council wishes to make it clear that it is not the employing body for the volunteers referred to in this document; they are volunteers acting on behalf of the Community Council. Aberdeenshire Council accepts no responsibility whatsoever for any loss, injury, claim, liability, costs or damages caused by the actions and/or negligence of the volunteers or anyone acting for or on behalf of them